

Item No.	Classification: Open	Date: 11 December 2014	Meeting Name: Cabinet Member for Adult Care, Arts and Culture
Report title:		Dementia Support and Advice	
Ward(s) or groups affected:		All Wards- People living with dementia, their families and communities	
From:		Jonathan Lillistone, Head of Strategy and Commissioning	

RECOMMENDATION(S)

1. To agree a further year's grant for the Dementia Support Service and Dementia Cafe, delivered by the Alzheimer's Society, funded from the last year of the Department of Health Memory Service grant at a cost of £51,688 from 1 January 2015 to 31 December 2015.
2. To fund a Dementia Community Navigator pilot delivered by the Alzheimer's Society for one year from slippage from the Better Care Fund (BCF) at a cost of £50k from 1 January 2015 to 31 December 2015.

BACKGROUND INFORMATION

3. Children and Adults Service currently fund specialist dementia support provided by the Alzheimer's Society through the Memory Service Grant paid to the council by the Department of Health.
4. The Memory Service grant funds:
 - Part time Dementia Cafe Coordinator and associated costs
 - Part time Dementia support worker and associated costs
5. The Dementia Cafe Coordinator facilitates a weekly Dementia Cafe which is a support and healthy living drop in space offering social activities, support groups and advice for people living with dementia, their carers and family members. The cafe operates from a sheltered housing scheme in SE16 managed by a RSL. Attendance is currently averaging 24-26 per week and there is a range of peer support activity that cascades from the cafe membership which includes exercise, music therapy, reminiscence, art, and creative drama and health promotion sessions.
6. The support worker gives 1:1 support to individuals providing emotional support, information, referral/advice and facilitates a monthly Carers Group. Last year the support worker completed support of 126 people. Full details of activity is set out in appendix 1
7. The BCF award relates to a pilot dementia community navigator post for one year, which would be a new proactive role to ensure that services and resources

are effectively co-ordinated at a neighborhood/GP cluster level for the needs of the service user and their family.

8. The pilot will provide valuable learning in relation to how this role can compliment the move toward more locality based services, the evolving service model for the centre of excellence and the council's goal of ensuring that Southwark becomes a dementia friendly community.
9. The strategic management of the BCF locally is through the Integrated Working Group, made up of senior managers from the council and the Clinical Commissioning Group. This group sets the strategic priorities of the fund, as well as charting the progress and the impact of the various BCF initiatives.

KEY ISSUES FOR CONSIDERATION

Rise in the numbers of people living with dementia

10. It is estimated that by 2015 there will be 850,000 people living with dementia in the UK, of which 40,000 are below pensionable age. The financial cost of dementia to the UK is estimated to be £23 billion per annum. (Background Document – Cabinet Repot – Dementia Friendly Society - 18 November 2014).
11. People living with dementia are similarly requiring increasing levels of care and support across the wider health and social care economy. It is also estimated there are 670,00 carers of people with dementia in the UK.
12. In Southwark as of March 2014 934 patients of local GPs had a formal dementia diagnosis which, according to the Departmental of Health dementia calculator, is thought to be only 50% of the total number of people currently living with the condition.
13. In 2013-14 Southwark had the second highest rate of dementia diagnosis in London. The CCG aims to reach a diagnosis of 70% by the end of 2015/16. This ambition is supported by continual improvements in dementia care and diagnosis within primary care and the memory service located at South London and the Maudsley Foundation Trust (SLAM).
14. There is a national drive to increase early diagnosis across the health and social care system. Early diagnosis can allow people with dementia the ability to make decisions whilst they still retain a degree of mental capacity, so they have a stronger prospect of retaining choice and control over their lives. It means that treatment and support can also be provided in a timely manner, which if effective can delay the onset of the most debilitating aspects of the condition and keep people independent for longer. It also allows more time for their family and carers to develop strategies and obtain any information and support they may need.

Need for support for people living with dementia and their carers

15. As the numbers of people living at all stages of the condition increases, the need for the individuals and their carers to receive support and advice at the right time increases. These grant awards will in part address these needs.
16. The support worker provides both one to one support both in person and by the

telephone and group sessions. The referrals come from a variety of sources, including the Memory Service, GPs, Social Services, Carers organisations and hospital services. This support is short term for some people and more ongoing for those with more complex and ongoing needs.

17. The Dementia Cafe in Bermondsey is busy and well valued by those who attend. It is a service model through which both the carer and the person living with dementia are supported together. It has a part time co-ordinator and a team of volunteers who run the service. A second cafe is planned in another location in the borough and the Alzheimer's society is currently identifying potential venues for this cafe and it is intended to open this during the course of the year. The evolving service model for the Centre of Excellence is likely to support further dementia cafe type developments at an increasingly neighborhood based level.

Community navigator

18. The Community Navigator is a new service area. The pilot post would be based in one or two specific neighborhoods/GP clusters to help people living with dementia and their carers make the contacts and develop the local networks required for them to continue to live as independently as possible within the community. The navigator will develop partnership working in order to ensure the service users stay connected to services and that particular neighborhood becomes as dementia friendly as possible. They would have detailed knowledge of the full range of health and social care services on offer, and build specific links with the new nurse led dementia diagnosis service about to start operating within primary care in Southwark.
19. The post would work with people who particularly find it harder to engage in services, and focus on proactive steps that can be taken to build up these individual's resilience and strategies to retain independence safely.
20. This post would be best placed with the Alzheimer's Society and could play a crucial role in providing learning in relation to the efficacy of this type of role, both in relation to future neighborhood based dementia support models and the potential to upscale the work across other service user groups.
21. The role would also support the council's objectives for the newly created Dementia Action Alliance (DAA), to ensure that Southwark becomes a dementia friendly borough. The CCG and Kings Health partners¹ are intending to join.
22. It should also be noted that a pilot community navigator is also being developed by Guys and St Thomas's Community Trust using BCF funding, to work within the Neuro- Rehab service, with similar objectives to that of the dementia community navigator. Links between the two pilots will be maintained in order to inform the council of the efficacy of the community navigator service model in future service development.

Policy implications

23. This work forms part of a wider programme to implement the Fairer Future Promise 10, to make Southwark an Age Friendly Borough and the creation of a Centre of Excellence for People Living with Dementia.

¹ Kings College Hospital, Guys and St Thomas' NHS Trust and South London and Maudsley NHS

24. This work also links to the newly created Southwark Dementia Action Alliance which brings together local organisations and bodies to improve the lives of people with dementia alongside their carers. Southwark Dementia Action Alliance includes voluntary and community organisations, private companies, health partners and arts organisations.
25. The Care Act 2014 confers duties on local authorities to promote individual well being, establishing preventative services, promoting integration with health, information and advice about care and support, and assessment of needs and support for adults and as well as their carers. All of which would be supported through these grant awards
26. The grant awards are also a further way of cementing the council's commitment to effectively support people with dementia and their carers in a number of other local initiatives and policy initiatives, such as :
 - extension of the council's free telecare offer to individuals with a diagnosis of dementia
 - implementation of our wider carers' strategy to improve outcomes for all carers
 - leading work on integrated working with the Clinical Commissioning Group (CCG) and through the Southwark Lambeth Integrated Care (SLIC) programme, which includes a work stream focusing on dementia and the development of an improved "Dementia Pathway" in Southwark.

Community impact statement

27. Dementia is associated primarily with aging, and it is calculated that one in three people nationally over the age of 65 will develop dementia at some stage, with rates increasing the older people become. In Southwark the memory service hosted by SLAM reported last year, 75% of all diagnosis was amongst people aged over 80.²
28. It is further estimated that nationally two thirds of all people living with dementia are women, which is consistent with a general longer life expectancy amongst women compared to men. Women are also often more likely to be the carers of people living with dementia. However, in Southwark recent rates of diagnosis at the memory service amongst men (41%) appear higher than the national averages.
29. An Equality Impact Assessment (EQIA) in 2012 of the council's in house day service users, as part of the consultation process on the Centre of Excellence, found a higher rate of dementia diagnosis amongst men compared to the national average.
30. The All Parliamentary Group on Dementia enquiry 2013 concluded that evidence in relation to ethnicity and dementia was limited. It did however indicate there might be lower awareness, higher levels of stigma, and different cultural understanding of dementia among people from some Black and Minority Ethnic communities. Language and cultural differences may result in people presenting

² Background Document– Cabinet Report – Dementia Friendly Society - 18th November 2014).

later to general dementia services than their white British counterparts.

31. In Southwark the evidence in relation to ethnicity and dementia is also limited. The memory service report that rates of recent diagnosis amongst Black and Ethnic Minority Ethnic is around 27%. This being higher than the 19% of the total older population who are from Black and Minority Ethnic communities recorded in the 2011 census. The largest groups being from the Afro Caribbean and African communities, corresponding with the wider demographic make up of the borough.
32. The council EQIA referred to above also concluded that almost 33% of users of in house dementia day services were from Black and Minority Ethnic communities.
33. By the nature of their condition, people living with dementia would also be considered under the equality duty as being disabled. However as the condition disproportionately affects the very old, or people living with a learning disability, people with dementia are also likely have one or multiple other long term conditions or disabilities as well as dementia.
34. The data available in relation to correlation of the prevalence of dementia and marriage/civil partnership, sexuality, gender reassignment and faith is very limited.
35. Therefore with regard to the council's duties under section 149 of the Equality Act, the consolidation of the dementia specialist services and establishment of the pilot community navigator post will have a positive impact upon the groups listed under the council's equality scheme

Resource implications

36. The grant will be managed through current staffing resources contained within the existing Children's and Adults Commissioning Department structure.
37. Monitoring of the grant is based on the conditions of grant funding which amongst other things includes evidence of work being done and outcomes being met.

Legal Implications

38. Please see the legal concurrent below.

Financial Implications

39. Please see the finance concurrent below

Consultation

40. The council has sought the views of its partners in the Clinical Commissioning Group and key health partners in the BCF and the SLIC Dementia work stream. The Council has also sought the views of its community partners through the Consortium of Older People Services in Southwark (COPSINS) in relation to these grant awards.

41. Council officers also attended the Dementia Cafe on 21.10.14 to listen to the views of the people living with dementia and their carers on what support they required. This voice clearly expressed the need for peer and structured support and advice as well as services and the wider community having a better understanding of the impact of the condition on people's daily life and needs.

SUPPLEMENTARY ADVICE FROM OTHER OFFICERS

Head of Procurement

42. Not applicable.

Director of Legal Services

43. This report seeks approval of grant awards recommended for the purpose of funding a Dementia Support Service and Dementia Café facility and a Dementia Community Navigator pilot, all of which are delivered by the Alzheimer's Society. The decision to approve these Recommendations is one which is expressly reserved to the Cabinet Member under the council Constitution.
44. The proposed award of grant funding is consistent with corporate policy in this area and the report confirms the steps that have been taken to consult interested individuals and groups before recommending the grant funding. The report also advises that the proposed funding is derived from grant allocations made to the council by the Department of Health.
45. The Community Impact Statement advises that an Equality Impact Assessment had been carried out amongst the council's in-house day service users in order to understand the prevalence, effect and impact of dementia amongst the local community and to inform future strategy in relation to the development of new schemes and financial assistance to support those living with dementia. This is consistent with the requirements of the council's statutory duty (the Public Sector Equality Duty) as prescribed by the Equality Act 2010.
46. The director of legal services (corporate team) will advise and assist officers as required in connection with the drafting of appropriate legal terms and conditions for the purpose of regulating the proposed grant awards.

Strategic Director of Finance and Corporate Services - FI/1079/SR

47. Memory Service Grant 2013-14 of £51,688 has been carried forward to fund the Dementia Café Coordinator and the Dementia support worker posts.
48. In previous years, Southwark Council have provided revenue funding to top up the grant. The Alzheimer's Society is aware that there is no top up funding available in 2014-15.
49. £50K of Better Care Funds (BCF) slippage 2014/15 has been allocated to the dementia community navigator pilot.

BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
Cabinet Report-Dementia Friendly Southwark 18/11/2014	Strategy & Commissioning	Andy Loxton

APPENDICES

No.	Title
Appendix 1	Activity for Dementia Support Worker April 2013-October 2014 (13/11/2014)

AUDIT TRAIL

Lead Officer	Jonathan Lillistone, Head of Commissioning	
Report Author	April Ashley, Commissioning Officer	
Version	Final	
Dated	11 December 2014	
Key Decision?	Yes	
CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER		
Officer Title	Comments Sought	Comments Included
Director of Legal Services	Yes	Yes
Strategic Director of Finance and Corporate Services	Yes	Yes
Cabinet Member	Yes	No
Date final report sent to Constitutional Team	11 December 2014	